

ADMISSION INSTRUCTIONS**FOR THE PATIENT WHO IS HAVING SURGERY**

The following instructions are for your safety. PLEASE adhere to them!!

1. **DO NOT EAT OR DRINK** any food or liquids (**including water**) after 9:00PM on the night before your surgery—or as your doctor orders.
2. A **DRESSING ROOM** is available. Please wear loose, comfortable and warm clothing. A surgical facility is always kept at a cooler temperature than your home. Consider socks!
3. **VALUABLES**—including jewelry, wigs, and contact lenses should be left at home. We cannot be responsible for their safety.
4. **COSMETICS** should be minimal or not worn at all.
5. **CONSENT FORMS** your signature will be required in accordance to your particular surgery. Please read carefully and be sure to clarify any questions you may have.
6. A **RESPONSIBLE ADULT** must accompany you to the hospital and be available to both drive you home and assist you through the night.
7. **ILLNESS**—in case of an obvious respiratory infection (cold) or any other acute illness within one week prior to surgery, please contact your physician.
8. **LENGTH OF VISIT**—the approximate time you will be at the facility is 3 to 5 hours. This, of course, can change with each individual and with physician preference.
9. **BE HERE ON** _____ **AT** _____

10. OTHER INSTRUCTIONS :

IF you normally take cardiac (heart), antihypertensive (blood pressure), bronchodilator (breathing) medication in the morning, then **TAKE THESE MEDICATIONS AS SOON AS YOU GET UP ON THE DAY OF YOUR SURGERY, USING ONLY A SIP OF WATER. DO NOT TAKE** diuretics (water pills), aspirin or aspirin-like medications, or coumadin on that day, unless your doctor so instructed you.

IF you normally take insulin in the morning, **DO NOT TAKE IT** on the day of your surgery, but please bring your insulin vial with you.

 Patient Signature

 Witness

 Date